

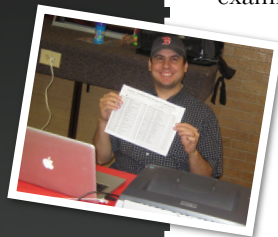
PREPAREDNESS *minute*

A MONTHLY FLIER

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Activity Recap

At the Fun with Food Storage activity we focused on getting food storage by first making a PLAN of what you need. Then we showed you how to BUY your food for cheap. Followed by how to MAKE your food using wheat grinders and even when the power goes out. Lastly we had you all bring dishes so we could all EAT and taste the food which was made with food storage. Special thanks to all who came, brought dishes & helped make it a success!



Home Storage: A New Message

“In the day of plenty, prepare for the day of scarcity.”

In this month’s Ensign there are great articles about self reliance, we recommend reading them in your copy of the Ensign or listening to them online at lds.org. One we’d like to focus on outlines how the Church’s message for food storage has evolved, especially in recent years. “In the spirit of President Hinckley’s remarks, Church leaders decided to closely re-examine their approach to self-reliance. As a result, the Church



published the pamphlet All Is Safely Gathered In: Family Home Storage, outlining new guidelines for home preparedness that give Church members a simplified, four step approach to building their home storage. They are as follows:

1. Gradually build a small supply of food that is part of your normal, daily diet until it is sufficient for three months.
2. Store drinking water.
3. Establish a financial reserve by setting aside a little money each week, and gradually increase it to a reasonable amount.
4. Once families have achieved the first three objectives, they are counseled to

expand their efforts, as circumstances allow, into a supply of long-term basic foods such as grains, legumes, and other staples.

Of the new guidelines, Presiding Bishop H. David Burton says, “Our objective was to establish a simple, inexpensive, and achievable program that would help people become self-reliant. We are confident that by introducing these few, simple steps we can, over time, have more success.”

“Perhaps in the past accumulating a year’s supply of food may have been a little intimidating and even illegal in some places,” says Dennis Lifferth, managing director of Church Welfare Services. “But this new approach asks us to do the best we can, even if all we can do is to set aside a can or two each week.” (Family Home Storage: A New Message, March 2009 Ensign)

We know these things to be true, if you have questions on how to get started or anything else, please contact one of us.

The Emergency Preparedness Committee

True Story!!!

After listening to general conference, Brother Omar Lugo felt inspired to begin his own home storage. He discussed the matter with his family, and they agreed to follow the prophet’s counsel.

They began setting aside food, water, and money, a little at a time. At first the difference was hardly noticeable. But after a while the

Lugos found that they had accumulated a substantial reserve.

Several months after they began building their home storage, a worker’s strike put many local workers’ jobs in jeopardy. Brother Lugo was among those who eventually lost their jobs.

For a time his family lived on savings. Seven months later the Lugo family was relying exclusively on the food they had stored. It took nearly two years for Brother Lugo to find work

again, but his family was able to survive the difficult challenges of unemployment. They had built their reserve gradually, and when adversity struck, they were prepared and the Lord blessed them. Like the Lugo family, Church members will be blessed for their obedience to the First Presidency’s counsel as they gradually build home storage.

lds.org – Ensign, Mar 2009