

(write family name above)

Family Emergency Plan

This Plan belongs to:

(write family MEMBER name above)

Key:

W/S = Work or School

Add = Address

www.PGWard.org for more info or to download a digital version.

Emergency Family Plan Kit Steps

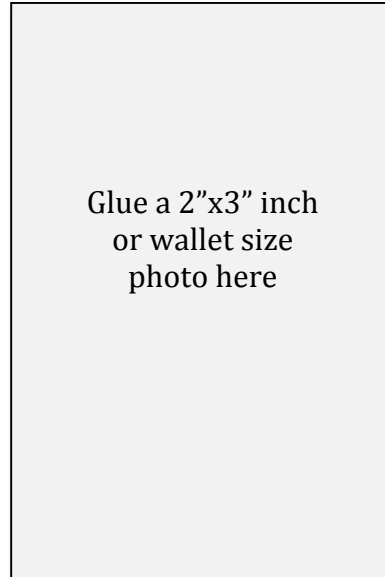
When you're done your whole family will have their very own booklets.

My 72-Hour Kit Location:

1. Fill in all each page with the information, which **only** applies to the **whole FAMILY** including **Block Captains**. Contact Clark & Linda Winegar Fidjiti@Fidjiti.com if you are not sure who your block captains are. Fill in anywhere it says Family or where the info would be the same for each family member including pets.
2. Discuss & fill in your **Family's Reunion Points & Security Words**
3. Get **Wallet Size Pictures** of all of the people you'll be including; your family, contacts or friends. (2"x3" picture or smaller will fit perfectly.) Glue them down!
4. Make 1 copy for each family member. (i.e. 5 people in your family = 5 Copies.)
5. Fill in the spaces which apply to each **individual** person. **Personal Info** Page, **Health & Medical Info**, and **Relation** spaces in each contact sheet. (i.e. Molly Mormon, DOB 1/1/80, Favorite food is tacos, she works at the mall on 123 State Street in Orem, allergic to nuts, Dr Niceguy...)
6. **Cut** each quadrant into 5.5" x 4.25", put in order, **Staple &** put in a **zip-lock** baggie for protection.
7. Put each persons **copy** in their **72 hour kits**. You can make extra copies for the car or kitchen if needed.

My Personal Info

(write **MY** name above)



Date of Birth: _____

Social Security Number: _____

Home Phone: _____

Cell/Other Phone: _____

My Eye Color: _____

My Hair Color: _____

My Height/Weight: _____ / _____

My Home Add: _____

My Email: _____

My W/S Add: _____

My W/S Phone: _____

My W/S Evacuation Spot: _____

My Health & Medical Info



My Dr Name: _____

My Dr. Phone Number: _____

My Pharmacist: _____

My Pharmacist Phone Number: _____

Family Insurance Company: _____

Family Insurance Phone Number: _____

Family Insurance Policy Number: _____

My Medical Conditions: _____

My Allergies: _____

Blood Type: _____

Family Reunion Points

Safe Room (inside Home): _____

List 3-4 places where you plan to go if you cannot stay in your home, such as neighbors' or relatives' homes/schools /community centers. If you arrive home after an emergency & no one is there, this will give you some places to start looking.

1. Right outside the home: _____

Location Address: _____

Location Phone: _____

2. Location Name: _____

Location Address: _____

Location Phone: _____

3. Location Name: _____

Location Address: _____

Location Phone: _____

4. Out-of-State Location Name: _____

Location Address: _____

Location Phone: _____

Visit: www.RedCross.org for more info on types of disasters.

Our Block Captains

#1

(write **our Block Captain's** name above)

Home Phone: _____ Cell/Other Phone: _____

Home Add: _____

Email: _____

#2

(write **our Block Captain's** name above)

Home Phone: _____ Cell/Other Phone: _____

Home Add: _____

Email: _____

#3

(write **our Block Captain's** name above)

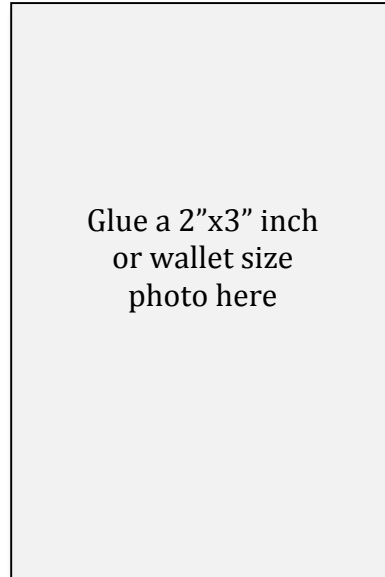
Home Phone: _____ Cell/Other Phone: _____

Home Add: _____

Email: _____

In-Town or In-State Contact (circle one)

(write **contact** name above)



Date of Birth: _____

Relation to **ME**: _____

Home Phone: _____

Cell/Other Phone: _____

Security Word: _____

Other Info: _____

Home Add: _____

Email: _____

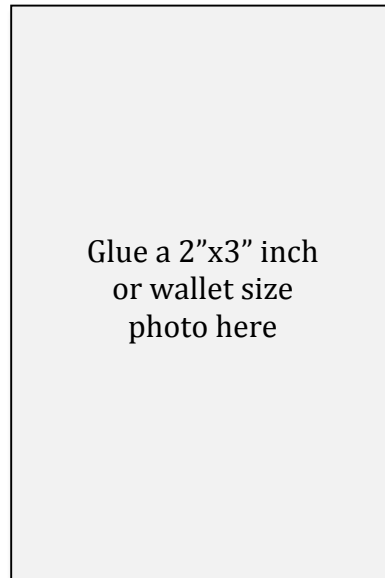
W/S Add: _____

W/S Phone: _____

Nearest Cross Streets: _____

Out-of-town or Out-of-State Contact (circle one)

(write **contact** name above)



Date of Birth: _____

Relation to **ME**: _____

Home Phone: _____

Cell/Other Phone: _____

Security Word: _____

Other Info: _____

Home Add: _____

Email: _____

W/S Add: _____

W/S Phone: _____

Nearest Cross Streets: _____

My Family Member



(write **Family Member** name above)

Glue a 2"x3" inch
or wallet size
photo here

Date of Birth: _____
Relation to **ME**: _____
Home Phone: _____
Cell/Other Phone: _____
Eye Color: _____
Hair Color: _____
Height/Weight: _____/_____

Home Add: _____
Email: _____
W/S Add: _____
W/S Phone: _____
W/S Evacuation Spot: _____

My Family Member



(write **Family Member** name above)

Glue a 2"x3" inch
or wallet size
photo here

Date of Birth: _____
Relation to **ME**: _____
Home Phone: _____
Cell/Other Phone: _____
Eye Color: _____
Hair Color: _____
Height/Weight: _____/_____

Home Add: _____
Email: _____
W/S Add: _____
W/S Phone: _____
W/S Evacuation Spot: _____

My Family Member



(write **Family Member** name above)

Glue a 2"x3" inch
or wallet size
photo here

Date of Birth: _____
Relation to **ME**: _____
Home Phone: _____
Cell/Other Phone: _____
Eye Color: _____
Hair Color: _____
Height/Weight: _____/_____

Home Add: _____
Email: _____
W/S Add: _____
W/S Phone: _____
W/S Evacuation Spot: _____

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Relation to **ME**: _____
Home Phone: _____
Cell/Other Phone: _____
Eye Color: _____
Hair Color: _____
Height/Weight: _____/_____

Home Add: _____
Email: _____
W/S Add: _____
W/S Phone: _____
W/S Evacuation Spot: _____

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(write **Family Member** name above)

Glue a 2"x3" inch
or wallet size
photo here

Date of Birth: _____
Relation to **ME**: _____
Home Phone: _____
Cell/Other Phone: _____
Eye Color: _____
Hair Color: _____
Height/Weight: _____/_____

Home Add: _____
Email: _____
W/S Add: _____
W/S Phone: _____
W/S Evacuation Spot: _____

Family Pet

(write **Pet's** name above)

Glue a 2"x3" inch
or wallet size
photo here

Date of Birth: _____
Type: _____
Breed: _____
Color: _____
Eye Color: _____
Size: _____
Weight: _____

Shelter Name: _____
Shelter Phone: _____
Shelter Address: _____
Shelter Policies: _____

Escape routes



Draw a floor plan of your home. Use a blank sheet of paper for each floor. Mark two escape routes from each room. Make sure children understand the drawings. Post a copy of the drawings at eye level in each child's room.

Where to Meet

Establish a place to meet in the event of an emergency, such as a fire. Record the locations in the "Reunion Points" page towards the front of the booklet.

Examples:

1. Near the home: For example, the next door neighbor's telephone pole
2. Outside the immediate area: For example, the neighborhood grocery store parking lot.

Security Words

Select a family code word and tell your child not to go with anyone who doesn't know the code. A secret code word only you share with those you TRUST, like Family or a Friend.

These are helpful in emergencies when you or your child is in danger but you don't want the person who is hurting you to know that you're alerting someone. But especially to make sure your child is always safe with the person they are with.

Family Code Word:

Other Important Contact Numbers

1. Neighbor: _____

Name: _____

Phone(s): _____

Address: _____

2. Relation/Title: _____

Name: _____

Phone(s): _____

Address: _____

3. Relation/Title: _____

Name: _____

Phone(s): _____

Address: _____

4 Relation/Title: _____

Name: _____

Phone(s): _____

Address: _____

Evacuation Plans

When community evacuations become necessary, local officials provide information to the public through the media. In some circumstances, other warning methods, such as sirens or telephone calls, also are used. Additionally, there may be circumstances under which you and your family feel threatened or endangered and you need to leave your home, school, or workplace to avoid these situations.

| Always: | If time permits: |
|---|---|
| Keep a full tank of gas in your car if an evacuation seems likely. Gas stations may be closed during emergencies and unable to pump gas during power outages. Plan to take one car per family to reduce congestion and delay. | Gather your disaster supplies kit. |
| Make transportation arrangements with friends or your local government if you do not own a car. | Let others know where you are going. |
| Listen to a battery-powered radio and follow local evacuation instructions. | Wear sturdy shoes and clothing that provides some protection, such as long pants, long-sleeved shirts, and a cap. |
| Gather your family and go if you are instructed to evacuate immediately. | Secure your home: Unplug electrical equipment, such as radios and televisions, and small appliances, such as toasters and microwaves. Leave freezers and refrigerators plugged in unless there is a risk of flooding. Close and lock doors and windows. |
| Leave early enough to avoid being trapped by severe weather. | |
| Follow the City's recommended evacuation routes. Do not take shortcuts; they may be blocked. Ask your city official. | |
| Be alert for washed-out roads and bridges. Do not drive into flooded areas. | |
| Stay away from downed power lines. | |

Insurance and Vital Records

Obtain property, health, and life insurance if you do not have them. Review existing policies for the amount and extent of coverage to ensure that what you have in place is what is required for you and your family for all possible hazards.

Flood Insurance

If you live in a flood-prone area, consider purchasing flood insurance to reduce your risk of flood loss. Buying flood insurance to cover the value of a building and its contents will not only provide greater peace of mind, but will speed the recovery if a flood occurs. You can call 1 (888) FLOOD29 to learn more about flood insurance.

Inventory Home Possessions

Make a record of your personal property if you want to be able to replace it after a disaster, for insurance purposes. Take photos or a video of the interior and exterior of your home. Include personal belongings in your inventory.

Important Documents

Store important documents such as insurance policies, deeds, property records, and other important papers in a safe place, such as a safety deposit box away from your home. Make copies of important documents for your disaster supplies kit.

Money

Consider saving money in an emergency savings account that could be used in any crisis. It is advisable to keep a small amount of cash or traveler's checks at home in a safe place where you can quickly access them in case of evacuation.

Natural Gas Shut Off

Natural gas leaks and explosions are responsible for a significant number of fires following disasters. It is vital that all household members know how to shut off natural gas.

Because there are different gas shut-off procedures for different gas meter configurations, it is important to contact your local gas company for guidance.

When you learn the proper shut-off procedure for your meter, share the information with everyone in your household. Be sure not to actually turn off the gas when practicing the proper gas shut-off procedure.

If you smell gas or hear a blowing or hissing noise, open a window and get everyone out quickly. Turn off the gas, using the outside main valve if you can, and call the gas company from a neighbor's home.

CAUTION - If you turn off the gas for any reason, a **qualified professional** must turn it back on. **NEVER attempt to turn the gas back on yourself.**

Water Shut Off

Water quickly becomes a precious resource following many disasters. It is vital that all household members learn how to shut off the water at the main house valve.

* Cracked lines may pollute the water supply to your house. It is wise to shut off your water until you hear from authorities that it is safe for drinking.

* The effects of gravity may drain the water in your hot water heater and toilet tanks unless you trap it in your house by shutting off the main house valve (not the street valve in the cement box at the curb—this valve is extremely difficult to turn and requires a special tool).

Preparing to Shut Off Water

* Locate the shut-off valve for the water line that enters your house.

* Make sure this valve can be completely shut off. Your valve may be rusted open, or it may only partially close. Replace it if necessary.

* Label this valve with a tag for easy identification, and make sure all household members know where it is located.

Electricity Switch Off

Electrical sparks have the potential of igniting natural gas if it is leaking. It is wise to teach all responsible household members where and how to shut off the electricity.

Preparing to Shut Off Electricity

* Locate your electricity circuit box.

* Teach all responsible household members how to shut off the electricity to the entire house.

FOR YOUR SAFETY: Always shut off all the individual circuits before shutting off the main circuit breaker.

Safety Skills

It is important that family members know how to administer first aid and CPR and how to use a fire extinguisher.

Learn First Aid and CPR

Take a first aid and CPR class. Local American Red Cross chapters can provide information about this type of training. Official certification by the American Red Cross provides, under the "good Samaritan" law, protection for those giving first aid.

Learn How to Use a Fire Extinguisher

Read about fire extinguisher selection, location and use. Be sure everyone knows how to use your fire extinguisher(s) and where it is kept. You should have, at a minimum, an ABC type fire extinguisher.

American Red Cross

Web site: <http://www.redcrossut.org>